



Remembering and Honoring Laura Divine

August 2022

Dear Tai Chi students, friends, and associates,

I am sorry to have to inform you that long time Senior student, friend, and Tai Chi practitioner, Laura Divine, has passed away. Laura studied with me, and was a welcomed and beloved part of our school, and our international Tai Chi Community, for more than twenty-five years.

When Laura began to study with me, I noticed she had an unusual awareness about consciousness and mindfulness. As we talked over time, she shared the work she was developing with her partner Joanne. I was totally fascinated with the work they were doing, and how developmentally profound the work was, with incredible parallels to Tai Chi's developmental processes. Laura and Joanne went on to develop Integral Coaching Canada, which became a high-level school for humane and Spiritual development. Laura really developed and cultivated her Tai Chi through her commitment to the Art and its practice, even after she became a distant student living in Canada, coming to visit and practice with her classmates periodically, and traveling from Ottawa to attend Camps and workshops in the U.S. and Europe.

Most memorable for me was the time Laura came with Joanne to the Holland Camp, and a few years later she came to the Holland camp by herself, having to work through some obstacles, but doing so because she knew that was an "optimal" time for her push hands development. She was quite a Warrior/Warrioress. We all really Loved Laura when she would join us for classes, appreciated her training and competitive spirit — and she loved it so much as well.

Laura we will MISS YOU. I want to Deeply Thank and Honor Joanne for keeping us in touch with Laura, through the last two Super Challenging years. Both Laura and Joanne have demonstrated such internal strength, sustained resilience, compassion, and Spirit. May we all have grown and continue to grow from Laura and Joanne's experience.

Laura THANK YOU for being my STUDENT, and THANK YOU for allowing me to be your STUDENT.

~Lenzie